




















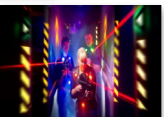




































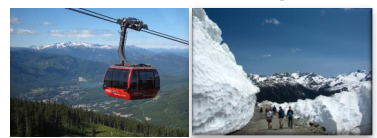




ILSC-Vancouver ACTIVITIES

Session Nine
August 15th—September 18th, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
15th Session 9 Starts  4:30PM By Donation Zumba Class  4:30PM from \$15 Hike Grouse Mountain	16th  4:30PM Yoga By Donation  4:30PM \$12 City Bike Tour	17th  4:30PM By Donation Zumba Class  4:30PM By Donation Beach Volleyball	18th  4:30PM Yoga By Donation  4:30PM \$30 Capilano Suspension Bridge  5PM ILSC Soccer Team Plays Come cheer them on	19th 1PM Soccer Club By Donation  7PM \$35 BC Lions Football Seattle 2 Day Tour Rocky Mountains 4 Day Tour	20th  Victoria 1 Day  Whistler 1 Day Seattle 2 Day Tour Rocky Mountains 4 Day Tour	21st Seattle 1 Day Shop or City  Whale Watching *Guaranteed Sightings* Go Any Day \$105+ 7:15AM or 12:15PM 
22nd  4:30PM By Donation Zumba Class  4:30PM By Donation Cleveland Dam & Fish Hatchery Hike	23rd  4:30PM Yoga By Donation  4:30PM By Donation Walking Tour of Gastown & Chinatown	24th  4:30PM By Donation Zumba Class  4:30PM \$15 Beer Tasting 19+ Only	25th  4:30PM Yoga By Donation  4:30PM \$18 Laser Tag  5PM ILSC Soccer Team Plays Come cheer them on	26th 1PM Soccer Club By Donation  1PM-4PM \$20 Stand Up Paddle boarding Tofino 3 Day Rainforest & Beaches Rocky Mountains 4 Day Tour	27th Whistler 1 Day  Whistler 1 Day Tofino 3 Day Rainforest & Beaches Rocky Mountains 4 Day Tour	28th Seattle 1 Day Shop or City  Seattle 1 Day Shop or City
29th  4:30PM By Donation Zumba Class  4:30PM By Donation Quarry Rock Hike	30th  4:30PM Yoga By Donation  4:30PM \$12 Bicycle Tour of Stanley Park	31st  4:30PM By Donation Zumba Class  4:30PM By Donation Beach Volleyball	Sept 1st  4:30PM Yoga By Donation  4:30PM \$30 Capilano Suspension Bridge	2nd 1PM Soccer Club By Donation  1PM-5PM \$15/\$30/\$49 Grouse Mountain Holiday Rocky Mountains Tour	3rd Victoria 1 Day  Whitecaps Soccer Game 4PM vs New York Red Bulls	4th Whistler 1 Day  Whistler 1 Day Seattle 1 Day Shop or City 
5th No School Labour Holiday Whale Watching *Guaranteed Sightings* Go Any Day \$105+ 7:15AM or 12:15PM 	6th  4:30PM Yoga By Donation 4:30PM \$12 University of BC & Museum of Anthropology 	7th  4:30PM By Donation Zumba Class  4:30PM \$15 Beer Tasting 19+ Only	8th  4:30PM Yoga By Donation  4:30PM \$25 Extreme Air Park	9th 12:30-4PM \$5 ILSC 25th Anniversary Beach BBQ in Stanley Park 	10th Victoria 1 Day  Victoria 1 Day Rocky Mountains 4 Day Tour	11th Seattle 1 Day Shop or City  Whistler 1 Day 
12th Session 10 Starts  4:30PM By Donation Zumba Class  4:30PM From \$6 World's Best Gelato	13th  4:30PM Yoga By Donation  4:30PM \$12 City Bike Tour	14th  4:30PM By Donation Zumba Class  4:30PM By Donation Beach Volleyball	15th  4:30PM Yoga By Donation  4:30PM \$12 Granville Island By Boat	16th 1PM Soccer Club By Donation  1PM-5PM \$30 Paintball Seattle 2 Day Tour Rocky Mountains 4 Day Tour	17 Whistler 1 Day  Whistler 1 Day Seattle 2 Day Tour Rocky Mountains 4 Day Tour	18th Seattle 1 Day Shop or City  Whale Watching *Guaranteed Sightings* Go Any Day \$105+ 7:15AM or 12:15PM 

Free Nightclub Tickets & Fitness Passes, Help finding Concert or Sports Tickets & more available in the Activities Department @ 543 Seymour Campus.
Weekday Activities are cash only. Weekend Tours are Cash or Credit Card. Bus will wait for 15 minutes only on Weekend tours. Check your Transit Schedules in advance at translink.ca



August 2016 Volunteer Opportunities



Bard on the Beach Shakespeare Festival

Come participate and help organize this festival,
Great opportunity to meet new friends,
and practice your English!

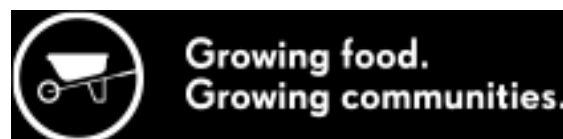
For more information, please visit and register at
<http://bardonthebeach.org/be-a-volunteer>



Steveston Dragon Boat Festival - Aug 20th

Come volunteer for the Steveston Dragon Boat Festival

For more information, please visit and register at
<http://stevestondragonboatfestival.ca/volunteer/>



Fresh Roots - Growing Good Food For All - Ongoing

Volunteer to work in an urban garden and learn how to grow you own food.

For more Info go to: <http://freshroots.ca/get-involved/volunteer/>

Charities ILSC Supports

Kiva

A non-profit organization with a mission to connect people through lending to alleviate poverty. Leveraging the internet and a worldwide network of microfinance institutions, Kiva lets individuals lend as little as \$25 to help create opportunity around the world. ILSC specifically donates to help students get an education.

www.kiva.org

World Bicycle Relief

Simple, sustainable bicycle transportation multiplies an individual's efficiency. Compared to walking, bikes improve access to education, healthcare and economic opportunity. They increase carrying capacity and accessible travel distance while decreasing the time it takes to commute to schools, clinics and markets. www.worldbicyclerelief.org

Learn to Earn

ILSC's in house charity that provides funding to educate women in India who have no access to education.

Learntoearn@ilsc.in

One Drop

A non-profit organisation initiated by Cirque du Soleil Founder Guy Laliberté—strives to ensure that clean water is accessible to all, today & forever www.onedrop.org

ILSC Activities Policies

Donations

When an activity is "by donation", the money you pay will go directly to one of the charities we support (see Charities). For Hikes we recommend a minimum of \$1 and for Yoga we suggest \$2 or more. Donations so far this year have purchased 10 bicycles for children in Africa through World Bicycle Relief.

Refunds / Changes

Are only given in the case of an emergency where the student can show proof of a doctors visit or a plane ticket to leave the country. Full refunds may still not be possible. In the event of an Activity Cancellation you must bring your receipt back to the Activities Department to get your refund. Students can sell their seat to another student provided they have a waiver on file. Please check with the Activities Department for details.

Receipts

Please keep the receipt we gave you as proof of your payment. It also tells you the meeting time and location and what to bring on the activity. It is required in the event an activity is refunded.

Event tickets

Odd numbers or large groups of tickets not purchased together, will usually not be able to sit together. Please ask before you buy tickets if you have a special request. We will do our best to try and seat you and your friends together.

Upcoming Sports, Concerts, & Tickets

Whale Watching

Guaranteed sightings!

Includes: Transportation, tax, and
3-5 hours of Whale Watching

Only \$105
+ Tax
Available
any day!



(7:15AM or 12:15PM
departure)
Shuttle Bus Included

Vancouver Aquarium

Show your student card & your
bus ticket/pass at the Aquarium

Only \$25
with discounts



(you must show your student ID & transit pass)

Concerts/Event Tickets



Aug 15 - Strumbellas

Aug 19 - BC Lions

Aug 20 - Hedley

Aug 23 - Book of Mormon (Musical)

Aug 24 - Demi Lovato & Nick Jonas

Aug 24 - Fitz & the Tantrums

Aug 25 - Gwen Stefani

Aug 25 - Simple Plan

Come to the Activities Department for
help finding tickets

Discount Tickets for Playland Amusement Park

Everyday June 17-Aug 19



Only \$28 (Tax included)

Get your tickets in the Activities Department

Discount Movie Tickets

(Valid any day)

Ticket Package includes 2 movie tickets,
2 drinks & 1 Reg. popcorn. **Only \$30**
Save \$11 over regular Prices.

Get your tickets in the Activities Department



West Trek Tours

West Trek is the official Tour provider of ILSC Vancouver

Go to the Rocky Mountains, Seattle, Whistler, Victoria,
Tofino, Skydiving, Bungee Jumping & more...

Book trips in the ILSC Activities Department or go to their office:
#520—744 West Hastings Street. 604 408 9378—www.westtrek.com

August Tour Dates

*All West Trek Tours are run on Deluxe Coach Buses

Rocky Mountains: Aug 19, 26, Sept 1, 2, 3, 9, 16 from \$399

Whistler 1 Day: Aug 20th, 27th, Sept 4, 11, 17 from \$50

Victoria 1 Day: Aug 20th, Sept 3rd, 10th from \$105

Seattle Shop/Sightsee: Aug 21, 28, Sept 4, 11, 18 from \$60

Seattle 2 Day: Aug 19th & Sept 16th from \$185

Tofino 3 Day : Aug 27th from \$299

* More tour Dates can be found at www.westtrek.com or come to
the ILSC Activities Department at 543 Seymour for more info

